



AUGUST 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| <p><i>Please let us know if you will not be home for the meal to be delivered to you. Please Call (918- 238-3155) Ask for Rhonda, Kathy, Krista, or Shelia, Cell 918 -533-1423</i></p> <p style="text-align: center;">Thank You.</p> | | <p>1. <i>Country Fried Steak</i> <i>Mashed Potatoes with Gravy</i> <i>Green Beans</i> <i>Wheat Roll</i> <i>Apple Crisp</i></p> | <p>2. <i>Chicken Soft Tacos with Fixings</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>3. <i>Pork Tamales</i> <i>In Corn Husk</i> <i>Spanish Rice</i> <i>Refried Beans</i> <i>Wheat Roll</i> <i>Tropical Fruit</i></p> |
| <p>6. <i>Swedish Meatballs with Mushroom Gravy</i> <i>Over Noodles</i> <i>Carrots</i> <i>Wheat Roll</i> <i>Peaches</i></p> | <p>7. <i>Ham & Cheese Sandwich</i> <i>With Fixings</i> <i>Sun Chips</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>8. <i>Caregiver Supper Group</i> <i>Pork Chops</i> <i>Dressing with Gravy</i> <i>Peas</i> <i>Wheat Roll</i> <i>Cranberry Sauce</i></p> | <p>9. <i>Chicken Salad</i> <i>On Croissant</i> <i>With fixings</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>10. <i>Barbeque Bologna</i> <i>Potato Salad</i> <i>Baked Beans</i> <i>Texas Toast</i> <i>Banana Pudding</i></p> |
| <p>13. <i>Polish Sausage With Sauerkraut</i> <i>Zucchini & Tomatoes</i> <i>Wheat Roll</i></p> | <p>14. <i>Turkey & Cheese Sandwich</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>15. <i>Spaghetti with Meat Sauce</i> <i>Italian</i> <i>Vegetables</i> <i>Breadstick</i> <i>Strawberry</i> <i>Cream Pie</i></p> | <p>16. <i>Chicken Patty</i> <i>On Bun</i> <i>With fixings</i> <i>Chips</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>17. <i>White Beans</i> <i>With Ham</i> <i>Spinach</i> <i>Red Potatoes</i> <i>Cornbread</i> <i>Pears</i></p> |
| <p>20. <i>Fish</i> <i>Cole Slaw</i> <i>Scalloped Potatoes</i> <i>Wheat Roll</i> <i>Lemon Pudding</i></p> | <p>21. <i>Breakfast For Lunch</i> <i>Scramble Eggs</i> <i>Sausage Patty</i> <i>Biscuits & Gravy</i> <i>Juice</i> <i>Salad Bar</i> <i>Fruit</i></p> | <p>22. <i>Baked Chicken</i> <i>Mashed Potatoes</i> <i>With Gravy</i> <i>Green Beans</i> <i>Wheat Roll</i> <i>Pecan Pie</i></p> | <p>23. <i>Beef Quesadillas</i> <i>Refried Bens</i> <i>Salad Bar</i> <i>Dessert</i></p> | <p>24. <i>Traditional Dinner</i> <i>Beef Hominy</i> <i>Broccoli Salad</i> <i>Fry Bread</i> <i>Apricots</i></p> |
| <p>27. <i>Hamburger</i> <i>With Fixings</i> <i>Sweet Potato</i> <i>Tater Tots</i> <i>Applesauce</i></p> | <p>28. <i>Chicken Alfredo</i> <i>Broccoli & Cauliflower</i> <i>Wheat Roll</i> <i>Dessert</i></p> | <p>29. <i>Roast Beef</i> <i>Potato & Carrots</i> <i>Onions</i> <i>With Gravy</i> <i>Wheat Roll</i> <i>Peach Cobbler</i></p> | <p>30. <i>BirthDay Celebration</i> <i>Bingo</i> <i>Bacon Lettuce & Tomato</i> <i>Sandwich With Cheese</i> <i>Salad Bar</i> <i>Cake</i></p> | <p>Cook's Choice!</p> <p>*Menu Subject To Change!</p> <p>Rhonda Cell 918-533-2608</p> |

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner

Route: Frozen Dinner