



2023

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>Please Call 918-238-3155 and ask for Melissa or Shawna, to let us know you will not be home for a meal to be delivered to you.</b></p> <p><b>Thank You!</b></p> <p><b>Lunch Served 11:30 am. to 1:00 pm.</b></p> <p><b>Served with Milk</b></p> <p><b>Menu Subject to Change!</b></p>				<p>1. Goulash Italian Vegetables Salad Bar Garlic Breadstick Brownies</p>
<p><b>4. Closed For Labor Day</b></p> <p><b>Route: Frozen Dinner</b></p>	<p>5. Hamburger Stew Pickled Beets Salad Bar Cornbread Peaches</p>	<p>6. Chicken Fried Chicken Mashed Potatoes With Gravy Peas Salad Bar Wheat Roll Blackberry Cobbler</p>	<p>7. Deluxe Chicken Salad On Crescent Roll With Fixings Broccoli Soup Salad Bar Waldorf Salad</p> <p><b>Route: Frozen Dinner</b></p>	<p>8. Ground Beef Stroganoff Mixed Vegetables Salad Bar Wheat Roll Strawberries &amp; Bananas</p>
<p>11. Hamburger With Fixings Fried Okra Salad Bar Fruit Yogurt</p>	<p>12. <b>Breakfast for Lunch</b> Scrambled Eggs Sausage Gravy Biscuits Hash Browns Salad Bar Fruit Salad Juice</p> <p><b>Route : Frozen Dinner</b></p>	<p>13. Steak Fingers Mashed Potatoes With Gravy Carrots Salad Bar Strawberry Cheesecake</p>	<p>14. BLT Sandwich with Fixings Tomato Soup Salad Bar Cranberry Oatmeal Cookies</p> <p><b>Route: Frozen Dinner</b></p>	<p>15. <b>Traditional Dinner</b> Brown Beans with Ham Spinach Baby Bakers Salad Bar Fry Bread Applesauce Cake</p>
<p>18. Fish Macaroni &amp; Cheese Ramen Coleslaw Hushpuppies Salad Bar Lemon Bar</p>	<p>19. Sweet &amp; Sour Chicken Over Rice Oriental Blend Vegetables Egg Roll Mandarin Oranges</p> <p><b>Route: Frozen Dinner</b></p>	<p>20. Beef Roast Onions Carrots Potatoes with Gravy Salad Bar Wheat Roll Pumpkin Bar</p>	<p>21. Philly Cheese Steak Peppers &amp; Onions Pork &amp; Beans Salad Bar Dessert</p>	<p>22. <b>Closed For Indian Day</b></p> <p><b>Route: Frozen Dinner</b></p>
<p>25. Fried Bologna Potato Salad Baked Beans Salad Bar Texas Toast Angel Food Cake with Strawberries</p>	<p>26. Taco Salad With Fixings Tortilla Chips Mexican Corn Salad Cinnamon Roll</p> <p><b>Route: Frozen Dinner</b></p>	<p>27. Chicken Legs Mashed Potatoes With Gravy Green Beans Salad Bar Wheat Roll Pineapple Cobbler</p>	<p>28. Rubeen Sandwich on Rye Bread Cauliflower Bites Salad Bar Watergate Salad</p> <p><b>Route: Frozen Dinner</b></p>	<p>29. <b>Birthday Celebration</b> Frito Chili Pie Fried Pickles Salad Bar Apple Spice Cake</p>

